

37th Annual Fischang-Cicchetti Memorial Run

www.fischang-cicchetti.com

Sunday, November 20, 2011

REGISTRATION: Register online at www.fischang-cicchetti.com or via mail-in application. Pre-registration is advised! Applications available online or at the Greater Waterbury YMCA. Race day registration begins at 7:30 a.m. Free long sleeve tee shirt to the first 200 to register!

FEES: \$20 for pre-registration; \$25 day of race. Payable to: Waterbury YMCA Track Club

PROCEEDS: The net proceeds of your application fee will be contributed to the Greater Waterbury YMCA Youth Scholarship Fund in memory of Al Fischang and Janice Cicchetti, who devoted a great deal of their time to the sport of running and the growth of this race.

RAFFLE: A drawing for great prizes will be held at the conclusion of the race. Must be present to win!

RACE INFO: www.fischang-cicchetti.com • YMCA 203.754.9622 ext 117 • Carl Cicchetti 203.756.7881
• Nick Tetreault 203.574.7753

We wish to thank the following for their generous support:

Wesson Energy, Inc. and American Savings Foundation. Anna's Prospect Pizza, Barber Stylists, Big Frank's Barbeque & Grill, Carl R. Cicchetti, LLC, Caesar's CameraShop, Crystal Rock Water Co., Mike Dalton, D'Amelio's Italian Eatery, David's Jewelers, Detta D. Watson, Diorio Restaurant, International Wine & Spirits, LaTavola Restaurant, JP Jarjura & Sons, Palace Theater of Waterbury, Precious Metals Sales, Rack's Hair Co., Seven Angels Theatre, Schmidt's & Serafine's, Tequila's Restaurant, The Big Dipper Ice Cream Parlor, Timex Corp., Viso Bello Spa, Webster Bank, Yofarm Yogurt, Greater Waterbury YMCA

BACK BY POPULAR DEMAND! CLYDESDALE RACERS!

For male runners 215+ lbs. Separate registration and weigh-in on the day of the race. First place Clydesdale racers receive a \$20 pizza gift certificate!

DIVISIONS (MALE & FEMALE)

13 & under.....	13 & under
Youth.....	14-17
Open.....	18-29
Submasters.....	30-39
Masters.....	40-49
Grand Masters.....	50-59
Senior.....	60-69
Senior Plus.....	70 & up

AWARDS

- First 3 male and first 3 female finishers, regardless of division win: 1st/\$300, 2nd/\$150, 3rd/\$75
- Trophies to the first three male and female in each division.
- The first male and first female finishers from Waterbury will each receive a \$50 prize.
- Greater Waterbury YMCA members who finish first in each division will receive a special tee shirt.
- A \$37 prize will be awarded to the 37th place finisher. Must be present to win!

RACE FEATURES

USATF Official Sanction • Yofarm Yogurt and other refreshments for all runners after race • Split times every mile
Well marked course • Digital clock and chronomix finish line • Awards presentation following race • Results available
at www.fischang-cicchetti.com • Ambulance and medical personnel available • Water station

Cut above and mail this to: Greater Waterbury YMCA, Attn: Jim O'Rourke, 136 West Main Street, Waterbury, CT 06702

Registration Form (Please print legibly)

First Name: _____ Last Name: _____ Division: _____

Age: _____ Gender: Male Female Date of Birth: _____

Club: _____ Shirt Size: S M L XL XXL

Address: _____ Town: _____ State: _____ Zip: _____

Phone: _____ E-mail Address: _____

USATF Club: _____ USATF # _____

WAIVER: MUSTBE SIGNED

I am sufficiently trained and physically able to participate in this race. I understand the need to replenish body fluids, particularly on warm days. In signing this entry form, I acknowledge that WESSON, the Oil Company, American Savings Foundation, YMCA, USATF, Waterbury YMCA Track Club and all other sponsors of this race and all race-related persons and parties are not responsible in any way for the death, injury, damages or losses received during, or, as a result of, participation in this event. Athletes who participate in this competition may be subject to formal drug testing in accordance with USATF rules and the IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Drug Hotline at 800-233-0393.

Signature* (Parent/Guardian signature if under 18) _____

*We advise all students to discuss participation with their coach in order to avoid jeopardizing school athletic standings.

Thanks to Our Sponsors!



Waterbury: 203-756-7041
Southbury: 203-264-0880
Litchfield: 203-496-1956
www.wessonenergy.com



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www.americansavingsfoundation.org



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5-Mile Road Race • Sunday, November 20, 2011 • 9 AM

Greater Waterbury YMCA – On The Green

The course is a 5-mile road race through downtown Waterbury, East Main Street and Hamilton Park

Free long sleeve tee shirt to the first 200 to register!

Fischang-Cicchetti Memorial Run
Greater Waterbury YMCA
136 West Main Street
Waterbury, CT 06702
Return Service Requested

Non-Profit
Organization
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